

*ENDEARING HOME
SERVICES, LLC*



Office: 618.670.8558

Fax: 618.589.3801

Website: www.endearingsh.com

Email: care@endearingsh.com

WELCOME TO
ENDEARING HOME SERVICES, LLC!

We are the agency committed to
“Caring for you and about you!”

ENDEARING HOME SERVICES, LLC provides compassionate in-home care services and solutions that enriches our clients' lives and help them maintain the highest possible level of independent living. We treat each of our clients with respect and dignity, as if they were a member of our own family. We are dedicated to promoting the physical and emotional well-being of our clients.

We Specialize in Companionship, Respite Care, Personal Care, Dementia Care and Our Exclusive Check-In Service!

We service Adults, Children and Seniors.

All of us at ENDEARING HOME SERVICES, LLC are pleased to welcome you to our friendly family. Your specific in-home care needs, safety and satisfaction are very important to us. We are happy to offer this Handbook in the hope that it will provide a convenient and comprehensive reference for any questions you may have about our in-home services.

Sincerely,

The Staff of *ENDEARING HOME SERVICES, LLC*

Our Philosophy:

At ENDEARING HOME SERVICES, LLC, our approach to health management is holistic. We understand the psychological impact a familiar environment would have in quickening the clients' recovery process. Hence, we always develop a systemic care plans with the intention to personalize our care and services to meet the individual client's specific needs.

We understand how much you cherish your loved ones; hence, our field staff have been trained and retrained to handle clients with care and compassion. Clients can enjoy their independence while enjoying the best healthcare attention right in their beloved homes. At ENDEARING HOME SERVICES, LLC, we promise to raise the Standard of "At Home Care" and to be diligent in our services. Our primary objective is to provide quality care at an affordable price. Our focus as a group is to increase our patient's dignity and well-being.

Ongoing Training:

Apart from offering personal care services to our clients, we also offer CPR and First Aid Training to our staff and the public. We provide annual trainings for disease prevention, elderly care, and a host of other trainings both state of Illinois mandated and non-mandated!

Independence:

When patients enjoy the comforts of their homes while receiving dependable care from qualified health practitioners, recovery process becomes easier and interesting. Thus, we are equipped with seasoned health professionals. This has proven to be what we call, "a guarantee of complete wellness" to our clients in a familiar environment. This can be at your home, during your inpatient hospital stay, an assisted living or rehabilitation facility.

We are the agency committed to

"Caring for you and about you!"

Emergency Numbers:

Contact:	Name:	Phone:
Owner/Administration	Jennifer Wren	618.670.8558
After Hours Service	Call back w/in 2 hours	618.799.7314

FOR ALL LIFE-THREATENING EMERGENCIES CALL 911 (Except if Hospice is involved)

AT ENDEARING HOME SERVICES, LLC a staff member is available 24/7, and all year round. Our standard office business hours are:

Monday through Thursday: 8:30am-4:30pm

Friday: 8:30am-12:30pm

Weekends and Holidays-Closed

Office: 618.670.8558 Fax: 618.589.3801

Email: care@endearinghs.com

Website: www.endearinghs.com

If you need to cancel or reschedule an appointment, you should call the office and let someone know as soon as possible. Please remember that appointments cancelled less than 24 hours in advance are still charged the minimum service visit of 4 hours. If you reach our Voicemail afterhours, please leave a message and your call will be returned by the on-call staff or the next business day.

To Report ABUSE, NEGLECT or EXPLOITATION: Adult and Child Protective Services **(APS) 1-800-799-SAFE or 911**. If anyone has INGESTED or Been EXPOSED to MEDICATIONS or any SUBSTANCES/ CHEMICALS that may be HARMFUL, CALL: **Poison Control: 800-222-1222**

Available 24/7, and all year round. To file a complaint with OHCQ: 1-800-492-6005.

Table of Contents:

Welcome to ENDEARING HOME SERVICES, LLC, LLC, LLC	2
Our Philosophy	3
Emergency Numbers / ENDEARING HOME SERVICES, LLC Number	4
Services We Provide	6
General Information	7
Client's Rights	11
Notice of Privacy Practices	12
Program & Service Eligibility	15
Informed Consent / Fraud / Ethics / Compliance	16
Medication Policy	18
Advanced Directives	19
Safety in Your Home	20
Slips and Falls	21
Reducing Your Risk of Falling	22
Home Safety Tips	24
Personal Safety	25
Hand Washing	25
Medication Safety	26
Poisonings	27
Fire and Burns	27
Termination of Services	28

Services We Provide: **EXAMPLE**

ENDEARING HOME SERVICES, LLC provides a wide range of in-home care services, which are tailored to meet your needs. The following is a partial list of our services we provide to Adults, Children and Seniors.

Companionship and Homemaking Services:

- Companionship & Conversation
- Meal Preparation
- Medication Reminders
- Grooming & Dressing Guidance
- Light Housekeeping
- Laundry & Linens
- Transportation: *(Grocery Shopping, Physician Appointments, Errands, etc.)*
- Recreational Activities and Outings

Personal Care Services:

- Bathing, Grooming and Dressing
- Mobility Assistance
- Transferring and Positioning
- Toileting and Incontinence Care
- Feeding and Special Diet
- Oral Hygiene
- Incontinence Care

Specialized Care Services:

- Live-In Care
- 24-Hour Around the Clock Care
- Interactive Caregiving: *(Engagement of the Mind, an Active Body, Proper Nutrition, and Safety)*
- Alzheimer's Care
- Dementia Care
- Family Respite Care
- Palliative Care
- Medication Administration
- Check in "Guardian Care Services" *(Safety and Welfare Visits)*

General Information:

- 1. Client Satisfaction:** If there is any issue about the quality of our caregiver's service, please do not hesitate to call the office immediately at 618-670-8558. If eventually the issue cannot be resolved, we will do our best to provide you with another caregiver. Your complete and total satisfaction will always be our biggest concern.
- 2. Caregiver Assignments:** Please understand that caregiver scheduling is our most challenging task. As schedules change (yours and theirs), sometimes we must assign a different caregiver to you. Of course, the stability of the client-caregiver relationship is of immense importance to us, and we will always do our best to keep the client and caregiver together. Our office adheres to all the federal, state, and local laws concerning equal employment opportunities and we do not discriminate based on race, color, age, gender, religion, military status, and/or national origin.
- 3. Your Caregiver's Phone Number:** We know sometimes its very important and necessary to have access to your caregivers contact number. However, we ask you to please be respectful and considerate of your caregivers free and personal time. If it becomes an issue all communications will have to go via the office.
- 4. Schedule Changes:** Any changes in your pre-agreed schedule must be handled through our office. We ask that you do not call your caregiver directly. Please call the office to discuss any changes in your schedule, whether it is for just one visit or permanent. We will contact and inform your caregiver of the changes to your schedule. Please give us as much advanced notice of any schedule changes as you can.
- 5. Last Minute Cancellations:** One of the ways we attract and keep the best caregivers in the business is by treating them with respect and dignity. ENDEARING HOME SERVICES, LLC will: always endeavor to do whatever is necessary to assure that our caregivers are happy with us, so they can concentrate on providing excellent service to our clients. Their schedule is very important, since they count on these prearranged regular hours for their income. If you cancel a scheduled visit with ENDEARING HOME SERVICES, LLC there is a good chance the caregiver will essentially lose a day's pay. Of course, we will always do our best to offer your caregiver fill-in work, however; we cannot guarantee that work will be available. Accordingly, we ask that whenever possible, you work with us to keep the caregiver's scheduled on a regular basis. If it is necessary to cancel a pre-arranged visit, please give us as much notice as possible. If you do not notify the office and your caregiver shows up at your home, you will be billed four hours, as we are obligated to pay the caregiver.
- 6. Caregiver Callouts:** Unfortunately, emergencies do arise from time to time and your caregiver will not be able to provide in-home care services on a day. Your caregiver knows to contact the office. We will notify you immediately. We will do our best to provide a replacement caregiver; however, with the national caregiver shortage, we cannot guarantee a replacement.

- 7. Requesting Caregivers to Work Late:** If you require additional hours beyond what you have scheduled through the office, we shall do everything possible to accommodate your needs. Please understand, however; if your caregiver is unable to stay over their scheduled shift it is only because he or she has other obligations. Please call the office to receive approval for your caregiver to work over their scheduled visit. In addition, if you request your caregiver to work over 40 hours per week, the overtime pay will be 1.5x the regular hourly rate.
- 8. Severe Weather:** Due to the nature of the in-home care business, it is imperative that caregivers make every reasonable effort to work their scheduled visits in the event of inclement weather. ENDEARING HOME SERVICES, LLC does not expect caregivers to take unnecessary risks. When inclement weather is anticipated, the office will attempt to contact you to let you know there is the possibility of no service so alternate arrangements can be made.
- 9. Giving Gifts to Caregivers:** We insist that our caregivers do not accept gifts, tips or special favors from you. If you feel compelled to do something special for the holidays or other important occasions, please limit the value of any gifts to no more than twenty dollars. Again, it is not expected or required.
- 10. Activities with Costs Associated:** If you request that your caregiver take you out to the movies, to go bowling, to go out to dinner or any other places where cost is involved, we ask that you pay for your caregiver, as well as for yourself. ****applicable to private pay clients ONLY****
- 11. Handling Checks and Money:** If requested, your caregiver may assist you in writing checks. However; he or she should never under any circumstances sign a check for you. We request that you never write a check in your caregiver's name. If you give your caregiver cash to purchase items, you will receive a store receipt along with your exact change back. If your caregiver ever forgets to give you a receipt, please ask for one. This is for your protection, theirs and ours.
- 12. What We Can and Cannot Do:** We are strictly regulated to performing only those tasks which the State permits us to do. Our caregivers cannot administer medications. If you require these services, that will be done by a medical agency that you would contract independently of our service OR you may have a trusted family member or friend assist you. Our caregivers can "assist" and "guide" you, if you need assistance in walking. However, they are not ever permitted to perform heavy lifting. Our caregivers cannot move furniture, climb on chairs, stools, ladders, or perform any type of outdoor maintenance. Although our caregivers may want to be of assistance to you, please do not put your caregiver in a compromising position by asking them to do something they are not permitted to do.
- 13. Billing and Payment:** ENDEARING HOME SERVICES, LLC requires a one- or two-weeks deposit for all new clients. We ask that your account remains current, so we can continue to provide excellent in-home care services for you. ENDEARING HOME SERVICES, LLC accepts payment by check, money order or credit card (Visa, American Express, Discover or Master Card) UNLESS authorized through a state agency, VA, private insurance, workers compensation. If you wish to pay by credit card, or ACH please fill out the Credit Card Authorization Form and check off the

box that states, "I wish to use the above credit card for all future invoices, until further notice." You will receive a copy of the invoice via mail or email. A finance charge of 2% per month will be assessed on all outstanding accounts after 5 days.

14. Holiday Rates: ENDEARING HOME SERVICES, LLC charges holiday pay for services on the following holidays: New Year Day, Martin Luther King, Jr., Easter, Independence Day, Thanksgiving Day, and Christmas Day. Overtime hours will be billed at rate-and-a-half the prevailing charge or at the specific rate as set by regulation.

15. Hourly Minimums: We have a minimum of four (4) hours of service for each visit. You will always be billed for a minimum of four hours even if you send your caregiver home early.

**** Minimum hours are for private pay****

16. Scheduling & Telephony System: Our caregivers utilize an automated system to ensure our billing is accurate. Your caregiver is required to log-in and out using the ENDEARING HOME SERVICES, LLC Telephony System from your home telephone number, via our mobile app on their cell phone or an FOB stationed at your home. The billing will start when your caregiver arrives and logs-in by calling a toll-free number and will end when he or she logs-out. You will be required to sign your signature as verification of hours performed for each day the Caregiver is at your home. Your invoice is created based on the actual hours that your caregiver has worked. If your caregiver arrives and you are on the phone, your caregiver is required to call the office when the line is free so we can manually input the start time. The same applies if you are using the phone when your caregiver departs from your house. This system ensures mistakes are not made and you receive an accurate invoice each week. Rates are prorated for every 15 minutes and with the use of a rounding system.

17. Transportation: If you request that your caregiver use his or her personal or rented vehicle to take you to a medical appointment, errand, shopping, etc., a waiver form must be signed prior to beginning services. Your caregiver is prepared to provide incidental transportation as needed, either in their automobile or in yours. If you request that the caregiver drives your car, then there is no mileage fee charged. Should you prefer to ride in the caregiver's vehicle, we must reimburse our caregivers, so we must pass that small additional cost on to you. Our current transportation rate is 50 cents per mile. Of course, ENDEARING HOME SERVICES, LLC has OR will have a non-owned auto insurance policy. If you request that they drive your car, your auto insurance must be current and valid. **** APPLIES TO PRIVATE PAY ONLY****

18. Insurance, Bonding & Taxes: You may rest assured that all our caregivers are properly screened. Our caregivers and office staff members have federal, state and county background checks along with a motor vehicle check. Our Health Aides are fingerprinted as required by Illinois Department of Public Health. ENDEARING HOME SERVICES, LLC maintains a comprehensive insurance portfolio including professional liability insurance, general liability insurance, including non-owned auto coverage, employment practices liability insurance and workers compensation insurance. Our caregivers are insured. ENDEARING HOME SERVICES, LLC is

responsible for payroll taxes and all federal, state, and local taxes including the required deductions such as FICA, Medicare, Social Security, and Unemployment Taxes.

- 19. Caregiver Professionalism:** We ask our caregivers to never discuss religion, politics, or their own financial or personal problems with our clients. If this becomes an issue, please call the office as soon as possible.
- 20. Canceling Our Agreement:** We request the courtesy of a two (2) weeks notice if you decide to end services.
- 21. Hiring Your Caregiver Privately:** Many clients inquire about hiring their caregiver privately. Unfortunately, you cannot hire your caregiver privately even for an occasional few extra hours or days without express or written consent from the owner of Endearing Home Services. If you did, it would be considered a violation of your Client Care Agreement and you will be billed a finder's fee of \$2,000 and your deposit held. Additionally, it would be unfair to expect or to ask your caregiver to provide services on their own time for "free". Any time your caregiver spends with you, that time will be included in your invoice.
- 22. Give Us Feedback:** We pride ourselves on offering nothing short of excellent in-home care services. If you are ever dissatisfied with ENDEARING HOME SERVICES, LLC in any way, we WANT to hear from you. Please call the office immediately OR email at care@endearinghs.com. If your caregiver is not arriving at the scheduled time, please let us know. We are very concerned about our responsibility to you. Professionalism, promptness, courtesy, neatness and efficiency are our promises to you. Of course, please feel free to call the office if your caregiver is doing an exceptional job. We LOVE those calls! ENDEARING HOME SERVICES, LLC always welcomes your comments and suggestions on how we can serve you better.

At ENDEARING HOME SERVICES, LLC we promise to

“Care for you and about you!”

Client Rights:

ENDEARING HOME SERVICES, LLC believes and upholds a Client Bill of Rights which advocates that each client be notified in writing of their rights and obligations before services begin and how to exercise those rights. Each client and caregiver have the right to be treated with dignity and respect. They have the right to not be discriminated against based on race, color, religion, national origin, military status, age, sex, or disability. Furthermore, clients and caregivers must have mutual respect and dignity for each other, including respect for property. Ethical standards of conduct must be maintained between clients and caregivers always. Please be aware that you, as the client/participant, have a right to:

1. Be informed of the in-home care services (personal care and companionship care) offered by ENDEARING HOME SERVICES, LLC and consequently, be given an explanation, in advance, about the services that is to be provided, the types of caregivers who will provide care, and the frequency of the visits that are proposed.
2. I understand my consent is voluntary and I have the right to accept or refuse services. I understand there are certain risks and hazards (such as falls) with in-home care and therefore it is beyond the control of ENDEARING HOME SERVICES, LLC. We will always do our best to make sure your environment is safe.
3. Be informed of the name of the person supervising the care provided and how to contact that individual, including after hours; as well as be cared for by properly trained personnel.
4. Submit complaints or grievances without fear of retaliation and have them addressed expediently.
5. Be provided with coordinated care including, initial and on-going participation in the development of the Plan of Care, any responsibilities the participant may have in the care process and be advised of any change in the Plan of Care before the change is made.
6. Courteous and respectful treatment of you and your private property, privacy, freedom from abuse, neglect, exploitation and discrimination.
7. Access to and confidential management of your client record and Protected Health Information in compliance with MD State law and HIPAA Regulations. I have read, understand, and I have received a copy of the ENDEARING HOME SERVICES, LLC Notice of Privacy Practices form. I understand by giving consent I am permitting my personal health information to be disclosed to persons who will be involved in my in-home care. It may also be used for payment and operational purposes as allowed by law. If any changes are made in the Notice of Privacy form, ENDEARING HOME SERVICES, LLC will provide all clients with the updated version.
8. Receive a fully itemized billing statement including the date of service and the charge.

9. Be informed of Advance Directives and received information concerning Advance Directives (if applicable) and ENDEARING HOME SERVICES, LLC responsibility to provide them to appropriate medical personnel when available.
10. Refuse in-home care services and be informed of the potential consequences of such action.

Notice of Privacy Practices:

THIS NOTICE DESCRIBES THE POSSIBLE MEDICAL USES AND DISCLOSURE OF YOUR MEDICAL INFORMATION AND HOW YOU CAN GET ACCESS TO THIS INFORMATION, PLEASE REVIEW IT CAREFULLY. ADDITIONALLY, ENDEARING HOME SERVICES, LLC is dedicated to maintaining the privacy of your individually identifiable Protected Health Information (PHI). We are required by applicable federal and state law to protect your privacy and to provide you with this Notice of Privacy Practices. It reviews our privacy practices, our legal responsibilities, and your rights concerning your PHI. We must follow the privacy practices that are described in the Notice of Privacy Practices while it is in effect. We reserve the right to change our privacy practices and the terms of this Notice at any time, provided such changes are permitted by applicable law. We reserve the right to make the changes in our privacy practices and the new terms of our Notice will be effective for all PHI that we maintain, including PHI we created or received prior to the changes. Before we make a notable change in our privacy practices, we will change this Notice and make the new Notice available upon written request. You may request a copy of our Notice at any time. For more information about our privacy practices, or for additional copies of this Notice, please contact us using the information listed at the end of this notice.

USES AND DISCLOSURES OF YOUR PROTECTED HEALTH INFORMATION (PHI)

The following categories describe the diverse ways we use and disclose your PHI relating to our health care operations:

Treatment: ENDEARING HOME SERVICES, LLC may use and disclose your PHI to provide, coordinate or manage your in-home care and any related services. For example, we may disclose information about you to doctors, nurses, physical therapists and other health care professionals and providers involved in your care.

Payment: ENDEARING HOME SERVICES, LLC may use and disclose your PHI to prepare documentation required by your long-term care insurance company (LTC) or third-party payer. We may also need to obtain prior approval from your LTC or third-party payer and explain your need for in-home care services as well as the care or services that we will provide to you.

Health Care Operations: ENDEARING HOME SERVICES, LLC may use and disclose your PHI for its own operations to facilitate the functioning of the company and as necessary to provide quality in-home care to all our clients. Health care operations may include such activities as: quality

assessment and improvement activities, reviewing the competence or qualifications of healthcare professionals, evaluating provider performance, conducting training programs, accreditation, and certification or licensing activities.

As Required by Law: ENDEARING HOME SERVICES, LLC will disclose your PHI when we are required to do by any Federal, State or Local laws.

Public Health Risks: ENDEARING HOME SERVICES, LLC will use and disclose your PHI to public health authorities permitted to collect or receive the information for controlling disease, injury, or disability.

To Avert a Serious Threat to Health or Safety: ENDEARING HOME SERVICES, LLC may use and disclose your PHI when necessary to prevent a serious threat to your health and safety or the health and safety of the public or any other person. However, any disclosure would only be to someone able to help prevent the threat.

Abuse or Neglect: ENDEARING HOME SERVICES, LLC may disclose your PHI to the appropriate authorities if we reasonably believe that you are a possible victim of abuse, neglect, or domestic violence. We will make this disclosure only when specifically required or authorized by law or when the client agrees to the disclosure.

Court Orders and Judicial and Administrative Proceedings: ENDEARING HOME SERVICES, LLC may disclose PHI in response to a court or administrative order, subpoena, discovery request, or other lawful purpose, under certain circumstances. Under limited circumstances, such as a court order, warrant, or grand jury subpoena, we may share your PHI with law enforcement officials. We may share limited information with a law enforcement official concerning the PHI of a suspect, fugitive, material witness, crime victim or missing person. We may share the PHI of an inmate or other person in lawful custody with a law enforcement official or correctional institution under certain circumstances.

Law Enforcement Officials: ENDEARING HOME SERVICES, LLC may disclose your PHI to the police or other law enforcement officials, as required by law or in [compliance with a court order or other process authorized by law](#).

Military and Veterans: ENDEARING HOME SERVICES, LLC may release PHI if you are a member of the armed forces or are separated/discharged from military services, as required by military command authorities or the Department of Veterans Affairs.

Coroners, Medical Examiners, Funeral Directors: ENDEARING HOME SERVICES, LLC may use or disclose your PHI to coroners or medical examiners for purposes of determining your cause of death or for other duties, as authorized by law. We may disclose your PHI to funeral directors consistent with applicable law and, if necessary, to carry out their duties with respect to your funeral arrangements.

Appointment and Services: ENDEARING HOME SERVICES, LLC may use and disclose your PHI to contact you as a reminder about scheduled appointments and services.

Worker's Compensation: ENDEARING HOME SERVICES, LLC may disclose your PHI when necessary to comply with workers' compensation laws.

Persons Involved in Your Care: When appropriate, ENDEARING HOME SERVICES, LLC may share your health information with a family member, other relative or any other person you identify if that person is involved in your care and the information is relevant to your care or the payment of your care. We also may notify your family about your location or general condition or disclose such information to an entity assisting in a disaster relief effort. You may ask us at any time not to disclose your health information to any person(s) involved in your care. We will agree to your request unless circumstances constitute an emergency or if the client is a minor. In the event of an emergency or you are incapacitated, we will use our professional judgment to decide whether disclosing your PHI to others is in your best interest. If we do disclose your PHI in a situation where you are unavailable, we would disclose only information that is directly relevant to the person's involvement with your treatment. We may also disclose your PHI to notify (or assist in notifying) such persons of your location, your general medical condition or your death. We will also use our professional judgment and our experience with customary practice to make reasonable inferences of your best interest in allowing a person to pick up filled prescriptions, medical supplies and other similar forms of PHI.

Disaster Relief Purposes: ENDEARING HOME SERVICES, LLC may disclose PHI to disaster relief agencies to assist in notification of your condition to family or others. Organ, Eye or Tissue Donation: ENDEARING HOME SERVICES, LLC may disclose PHI to organ procurement organizations or other entities engaged in the procurement, banking or transplantation of organs, eyes, or tissue for facilitating the donation and transplantation.

Your Authorization: Other than the permitted uses and disclosures described above, ENDEARING HOME SERVICES, LLC will not use or disclose your health information without an authorization signed by you or your personal representative. If you or your personal representative sign a written authorization allowing us to disclose your PHI, you may revoke by writing to us at any time. Your revocation will not affect any use of disclosure permitted by our authorization while it was in effect. Unless you give us a written authorization, we cannot use or disclose your PHI for any reason except those described in this Notice. Release of psychotherapy notes will always require your prior authorization.

Client Rights:

Access: You have the right to look at or obtain electric copies of your PHI, with limited exceptions. To see or get a copy of your PHI, you must submit a written request. If you request a paper copy of your information, we may charge a fee for the cost of copying, mailing or other supplies associated with your request. There is no fee to see your medical information.

Accounting of Disclosure: You have the right to request a list of the disclosures we made of your PHI for purposes other than treatment, payment and health care operations. The first list you request will be free. For additional lists that you request within a 12-month period, we may charge you for the costs of providing the list. We will notify you of the cost in advance so that you can choose whether to get the list.

Breach Notification: You have the right to receive notification if we discover a breach of your unsecured protected health information. **Restriction:** You have a right to request that we change the way we use or disclose your PHI for treatment, payment or health care operations. To request restrictions, you must make your request in writing. In your request, you must tell us:

1. What information you want to limit;
2. Whether you want to limit our use, disclosure or both;
3. To whom you want the limits to apply, for example, disclosures to your spouse.

We are not required to agree to your request, except that will not share your medical information with your health insurance company if you pay for the entire amount due for the services you received (unless we are required by law).

Amendment: You have the right to request that we amend your PHI. To request an amendment, you must submit a written request. Please be specific about the information that you believe is incorrect or incomplete. We may deny your request under certain circumstances.

Right to a Paper Copy of this Notice: You have the right to a copy of this notice.

Right to File a Complaint: If you believe your privacy rights have been violated, you may file a complaint with ENDEARING HOME SERVICES, LLC at 618.670.8558 or with Illinois Department of Public Health at 217.782.4977

Program & Service Eligibility:

ENDEARING HOME SERVICES, LLC is an equal opportunity service provider and exists to improve the human condition by providing in-home care to individuals, who demonstrate a need for the services offered by ENDEARING HOME SERVICES, LLC, in their own home or a facility, thereby helping to improve the client's dignity and independent living and community health. ENDEARING HOME SERVICES, LLC will comply with all applicable federal, state, and local laws concerning equal rights. No person on the grounds of race, color, religion, sex, age, national origin, ancestry, or disability will be excluded from participation in or denied benefits of, or otherwise be subjected to, discrimination in the provision of any care or service. This statement is in compliance with Title VI of the Civil Rights Act of 1964, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and Regulations of the U.S. Department of Health and Human Services issued pursuant to these statutes at Title 45 Code of Federal Regulations Parts 80, 84, and 91. In addition, ENDEARING HOME SERVICES, LLC will comply with the Fair Labor Standards Act of 1964, Title VII of the Civil Rights Act, Equal Pay Act, Age Discrimination in Employment Act, Title I and V of the Americans with Disabilities Act, Section 501 and 505 of the Rehabilitation Act, Civil Rights Act of 1991, and the National Labor Relations Act.

The above includes (but is not limited to) the following characteristics:

1. In-home care services will be provided on a non-discriminatory basis as required by law. All clients will receive in-home care services without unlawful discriminations based upon race, color, religion, sex, age, national origin, ancestry, or disability.
2. Associates will be assigned to client services without unlawful discrimination based upon race, color, religion, sex, age, national origin, ancestry, or disability of either the patient or associate.
3. All in-home care decisions are based on the client needs which have been identified by a client Care Coordinator and/or the Director of Nursing.

Informed Consent:

IHCS clients have the right to make their own decisions regarding whether to accept or reject in home care services. A client or the client's designated agent has the right to refuse treatment to the extent permitted by law and to be informed of consequences of such refusal. Informed consent encourages communication and helps to ensure that the client's rights have been respected.

Fraud:

ENDEARING HOME SERVICES, LLC(EHS) goal is to establish and maintain a business environment of fairness, ethics and honesty for its caregivers and clients and to prevent fraud, monetary loss, litigation, and damaged reputation.

Program & Service Eligibility(contd.):

Therefore, it is the policy of ENDEARING HOME SERVICES, LLC to deter, detect and correct misconduct and dishonesty. In concert with federal and state law mandates ENDEARING HOME SERVICES, LLC shall adhere to whistleblower rights and protection. The discovery, reporting and documentation of fraudulent or illegal acts provides a sound foundation for the protection of innocent parties, the taking of disciplinary action against offenders up to and including dismissal where appropriate, the referral to law enforcement agencies when warranted by the facts, and the recovery of assets by all lawful means.

Compliance:

ENDEARING HOME SERVICES, LLC views compliance with federal, state, and local regulatory matters as a serious obligation. ENDEARING HOME SERVICES, LLC will maintain compliance with all laws, regulations, and accreditation requirements. Caregivers will become familiar with any pertinent regulations in his or her area of responsibility during orientation. Caregivers will be notified of any additional company policies and procedures published. ENDEARING HOME SERVICES, LLC policies are available to all employees in the office to during regular business hours.

Advance Directive:

The Advance Directive for Health Care Act is to inform clients that they have the right to make decisions about their care. Therefore, it is the policy of ENDEARING HOME SERVICES, LLC to support the client's right to make decisions about their care during the initial in-home visit. All clients will be informed of their right to have an Advance Directive (Living Will, or a Durable Power of Attorney), and be assured that ENDEARING HOME SERVICES, LLC will abide by their wishes and that clients will not be discriminated against based on having or not having any Advance Directive.

An advance directive is a legal document that you can complete on your own that can help ensure your preferences for various medical treatments are followed if you become unable to make your own healthcare decisions. Your advance directive only goes into effect if your physician has evaluated you and determined that you are unable to understand your diagnosis, treatment options or the possible benefits and harms of the treatment options. MD has two kinds of advance directives, a “proxy directive” and an “instruction directive.” It is your decision whether to have both kinds and to just have one of them.

- 1) **PROXY DIRECTIVE** (Durable Power of Attorney for Healthcare): A proxy directive is a document you use to appoint a person to make healthcare decisions for you in the event you become unable to make them yourself. This document goes into effect whether your inability to make healthcare decisions is temporary because of an accident or permanent because of a disease. The person that you appoint is known as your “healthcare representative” and they are responsible for making the same decisions you would have made under the circumstances. If they are unable to determine what you would want in a specific situation, they are to base their decision on what they think is in your best interest.
- 2) **INSTRUCTION DIRECTIVE** (Living Will): An instruction directive is a document you use to tell your physician and family about the kinds of situations you would want or not want to have life-sustaining treatment in the event you are unable to make your own healthcare decisions. You can also include a description of your beliefs, values, and general care and treatment preferences. This will guide your physician and family when they must make healthcare decisions for you in situations not specifically covered by your advance directive.

Safety in The Home:

Home accidents are a major cause of injury. A simple fall can result in a disabling injury. All families need to take special precautions to ensure a safe living environment! Most accidents in the home can be prevented by the elimination of hazards. Use the attached checklists to determine the safety level of your home. Check each statement that applies to your home or to your habits in your home. Then review the statements to determine what else you can do to make your home a safer place to live. Feel free to call ENDEARING HOME SERVICES, LLC at {your agency phone number} with any questions or concerns.

GENERAL GUIDELINES

- ❖ Emergency Phone numbers are posted by each telephone.
- ❖ Outside doors are kept locked always. Do not open the door to an unfamiliar face. Ask for identification and call someone to verify who they say they are. Door-to-door salesmen should never be allowed to enter your home.
- ❖ Valuables that may be easily stolen are kept out of sight.
- ❖ Household maintenance (painting, plumbing, roofing, etc.) is scheduled with a reputable company.
- ❖ Have a friend or family member assist you.

ELECTRICAL SAFETY

- ❖ Electrical appliances and cords are clean, in good condition and not exposed to liquids.
- ❖ Electrical equipment bears the Underwriters Labs (UL) label.
- ❖ An adequate number of outlets are in each room where needed. There are no "octopus" outlets with several plugs being used.
- ❖ Electrical outlets are grounded.
- ❖ Lighting throughout the house is adequate.
- ❖ Burned out light bulbs are replaced

PREVENTING FALLS

- ❖ Stairways and halls are well lighted.
- ❖ Night-lights are used in the bathroom, halls, and passageways.
- ❖ A flashlight with good batteries or a lamp is within easy reach of your bed.
- ❖ Throw rugs are removed or have a non-skid backing and are not placed in traffic areas.
- ❖ All clutter is cleared from the house, especially from pathways.
- ❖ Electrical and telephone cords are placed along walls (not under rugs) and away from traffic areas, without crossing pathways.
- ❖ There are step stools without high handrails.

Safety in The Home (cont.):

- ❖ Handrails are used on stairs and are securely fastened.
- ❖ Grab bars are installed by the shower, tub or toilet.
- ❖ Shower stools or non-skid strips are attached to the bottom of the tub.
- ❖ Elevated toilet seats and stools are used, if needed.
- ❖ Spills are cleaned up immediately.
- ❖ Outside walks are kept clear of snow and ice in the winter.
- ❖ Outside steps and entrances are well lighted.

- ❖ You are aware of any medications being taken which may cause dizziness or unsteadiness.
- ❖ When in a seated or lying down position, stand up slowly.
- ❖ A cane can be used for extra stability.
- ❖ Steps and walkways are in good condition and free of objects.
- ❖ Steps have non-skid strips or carpeting is securely fastened and is free from holes or fraying.
- ❖ Light switches are located at the top and bottom of stairways and at both ends of long halls.
- ❖ Doors do not swing out over stair steps.
- ❖ Clearance in the stairway provides adequate headroom
- ❖ Porches, balconies, terraces, and other elevations or depressions are protected by railings or otherwise protected.

Avoiding Slips & Falls:

Grab Bars - Install grab bars in all bathrooms and shower stalls. Firmly anchor them into the wall studs with long screws or follow installation instructions on packaging.

Slip-Resistant - Use a non-slip mat or install strips or decals in bathtubs and showers to help prevent slipping.

Safety in The Home (cont.):

Sufficient Lighting - Use night-lights near bathrooms, bedrooms, and stairwells. Make sure stairwells and hallways are always well lit - especially at night. Provide sufficient lighting to all walkways and entrances to your home.

Reducing Your Risk of Falling: Falling is a widespread problem. One third to one half of the population over age 65 experience falls and five percent of falls lead to fractures and an additional ten percent will sustain other serious injuries.

Causes of Falls:

- ❖ Medical conditions
- ❖ Decreased vision
- ❖ Medications

- ❖ Decreased strength
- ❖ Foot problems
- ❖ Uneven/slippery surfaces
- ❖ Poor lighting
- ❖ Activity level
- ❖ Timing demands (i.e. crossing streets)
- ❖ Always turn on lights before going into a room.
- ❖ Replace any burned-out light bulbs immediately.
- ❖ Night-lights are inexpensive and invaluable in contributing to visibility at night, especially in hallways, bathrooms and bedrooms.
- ❖ Make sure indoor and outdoor walkways are properly lighted, especially at night.

Secure Walkways

- ❖ Carpeting should be securely fastened down. Avoid throw rugs. Place non-skid backing on rugs and replace as needed.
- ❖ Place bright, contrasting color tape on the top and bottom steps of stairways.
- ❖ Keep walkways clear of miscellaneous or misplaced objects, especially cords from lights or telephones.
- ❖ Don't take shortcuts off established walkways; they can be dangerous.
- ❖ Be alert to pets and children who can move quickly and unexpectedly.
- ❖ Clean up all spills immediately.

Safety in The Home (cont.):

Bathroom Safety

- ❖ Install and use tightly fastened grab bars in the bathtub/shower and on the wall next to the tub/shower when possible.
- ❖ Install non-slip strips or mats in bathtub/shower. Replace as necessary.
- ❖ Grab bars or handrails can be installed by the toilet or use a raised toilet seat with arms.
- ❖ Use a bath bench to eliminate need to stand in shower or sit on the floor of tub if this is difficult for you.
- ❖ Use a hand-held shower to make bathing easier.

Railings

- ❖ Install handrails on outside stair.

- ❖ Install handrails on inside stairs and check to make sure they are not loose.

Footwear

- ❖ Wear footwear with soles and heels that provide good support and traction between your feet and the surface you walk on.
- ❖ Avoid wearing on socks, smooth-soled shoes, or slippers on stairs, wood or waxed floors. Wet, Slippery or Unfamiliar Uneven Surfaces.
- ❖ Pay attention to the surface you are walking on be alert for ice, snow, wet or dry leaves, moss covered stone paths or steps.
- ❖ When you get out of a car, be sure to test the surface for wetness or ice before standing up and walking.
- ❖ Be careful on tile or marble floors.

General Safety

- ❖ When visiting friends, be alert to possible hazards, as you are in an unfamiliar environment.
- ❖ Be alert as you enter and exit any areas that have curbs.
- ❖ Be alert when entering or exiting elevators.
- ❖ Let the phone ring - don't run to answer it.
- ❖ Never climb onto a chair to change a light bulb or reach high objects on shelves. Use a sturdy stool or step ladder or have someone else do it.

Safety in The Home (cont.):

Personal Safety

- ❖ Have vision and hearing tested regularly and properly corrected.
- ❖ Use caution in getting up too quickly after eating, lying down or resting.
- ❖ Talk to your doctor or pharmacist about the side effect of the drugs you are taking and how they may affect your balance or coordination.
- ❖ Limit alcohol intake.
- ❖ Use a cane, walking stick, or walker to help maintain balance as recommended by your providers.

Home Safety Tips:

1. Have telephone numbers for family, friends, and doctor's close to the telephone.
2. Keep a current list of your medications on the refrigerator.
3. If you live alone have a "Telephone Friend", someone who calls you or you can call them, at a specific time every day, and who can summon assistance if you don't answer the phone.
4. Have rooms well lighted to avoid falls.
5. Avoid scatter rugs, and if used on tiled floors, only those with traction material on the back.
6. Be sure you have adequate walkways to assure easy movement within rooms and halls.
7. Be sure all electrical appliances are in good working order.
8. Look at all electrical cords at least twice a year to be sure there is no fraying or exposed internal wire. Keep electrical cords and appliances away from sinks and water.

Safety in The Home (cont.):

Personal Safety:

1. Do not allow people into your home that you do not know. Employees of reputable companies will have identification badges. If you are not expecting someone, do not allow the person into your home without first calling the company for verification. Reputable employees will wait outside until you call for verification.
2. All ENDEARING HOME SERVICES, LLC employees have identification badges. Again, if you are not expecting a visitor, DO NOT ALLOW THE PERSON INTO YOUR HOME. Call ENDEARING HOME SERVICES, LLC directly at {your agency phone number}, and verify the visit with the office.
3. Never leave valuables such as jewelry, money, or credit cards out on tables and dressers or where they may be seen from outside your home.
4. If you have outside help coming into your home, place jewelry, money credit cards etc. in a safe place, not easily accessible to others.
5. If you have valuable decorative items, put them away until you are no longer receiving outside help/services.
6. Do not discuss the value of things in your home with outsiders.
7. Report all strange activity in your neighborhood to the police. Never feel embarrassed to notify police of your concerns, you may save yourself and others many problems by reporting unusual activities and people who don't belong.
8. Do not allow strangers in your home for "a drink of water" or "to use your phone because their car broke down". Direct a "thirsty" person to a garden hose. You can offer to make a call for

the person without letting him or her into your home. If the person is persistent, call the police.

Hand Washing:

- ❖ The best prevention for disease and complications is hand washing.
- ❖ Use soap and water generously.
- ❖ Vigorously rub hands together.
- ❖ Rinse hands under running water
- ❖ Dry hands on paper towels or clean towels.
- ❖ Wash hands after using the bathroom.
- ❖ Wash hands before handling food and often during food preparation.

Safety in The Home (cont.):

Medication Safety:

1. Store medications in a safe, dry and cool place. Heat and moisture will damage many medications.
2. Always keep medications out of the reach of children. Both prescription or over the counter medications, even in small doses, can cause injury and/or death to young children. If you suspect a child has taken medication, call the **{your state poison control}**. Staff is available 24 hours a day, seven days of the week, and 365 days of the year. If you do not have access to a phone, **immediately** take the child and the medication to the hospital or have a neighbor call 911.
3. Always **READ THE LABEL** on the bottle before taking the medication.
4. Never place any other medication in the bottle.
5. Take medications as ordered by your physician
6. Never “make up a dose” unless you check with your doctor or pharmacist at the drug store.

7. Never exceed the recommended daily dose of an over the counter medication unless your doctor tells you it is necessary.
8. Always read the written material given to you with every medication. Keep the information so that you may refer to it if you have any unusual physical or emotional incidents.
9. DO NOT DRINK ALCOHOL OR EAT FOODS LISTED AS “CONTRAINDICATED” ON THE BOTTLE OR IN THE WRITTEN HANDOUT. If you are unable to read or see the label, call the pharmacist or the nurse.
10. If you have trouble remembering when to take medications, or if you have taken the medication, make a calendar and mark off the medications as you take them.
11. Remember, vitamins and herbal items obtained from a health food store can cause side effects if taken incorrectly.
12. Before taking herbal treatments check with your doctor or pharmacist to be sure they will not interfere with or potentiate (make stronger) the actions of any of your prescribed medications.
13. The U.S. Drug Enforcement Administration (DEA) periodically hosts National Prescription Drug Take-Back events where collection sites are set up in communities nationwide for safe disposal of prescription drugs. Local law enforcement agencies may also sponsor medicine take-back programs in your community. Likewise, consumers can contact their local waste management authorities to learn about medication disposal options and guidelines for their area.

Poisonings: If you think someone is poisoned, call Poison Control Center. Experts will answer your call 24 hour a day, seven days a week. 1.800.222.1222

Medicines and Household Cleaners - Make sure all medications, caustic cleaning products (example: drain openers, toilet and oven cleaners, rust removers, etc.), automotive fluids (example: windshield washing solution and antifreeze), pesticides, fertilizer and other household chemicals are in their original containers and in a locked cabinet. Buy medicines and household products in child-resistant packaging. Close caps tightly after using medicines and household products. Lock medicines and household products up high so children can't see or reach them.

- ❖ **Carbon Monoxide Alarms** - Carbon monoxide gas is poisonous, but you can't see, smell or taste it. Check all fuel-burning appliances to be sure they work properly: furnace, hot water heater, stove, oven, fireplace, wood stove, and space heater. Put a carbon monoxide alarm near where people sleep. Be sure your alarm has the Underwriters laboratories (UL 2034) label.

Termination of Services:

Discharge, transfer or referral from ENDEARING HOME SERVICES, LLC may result from several reasons including, but not limited to:

- You no longer need In-Home Care Services.
- We can no longer provide the scope of services needed.
- There is a threat to the safety of our caregiver.
- Non-payment of services.
- Failure to honor the Client Care Agreement and Plan of Care.

When ENDEARING HOME SERVICES, LLC can no longer provide service because the in-home care is outside the scope of services we provide, we will offer you recommendations of other providers in the community including Home Health, Hospice, Assisted Living Centers and Nursing Facilities, who can handle your care.



Jennifer Austin, Owner/General Manager

Thank you for caring!

ENDEARING HOME SERVICES, LLC is licensed as both Home Services and Home Nursing

Agency by the Illinois Dept of Public Health}. {IL} License: #3002126/#4000733